



Expectations of Players and Policies

ACT LIKE A CHAMPION

- Players must know that we represent more than ourselves. We represent the team, the Club, our parents and our community and therefore we are accountable for our actions at all times.
- Any action that is detrimental to you is also detrimental to our football team. We expect a Prestbury Phantoms player to do the right thing at the right time.

ATTENDANCE POLICY

- Regular attendance at football training and games is essential if you are to learn the skills and strategies that make you and the team successful. Missing training jeopardizes our success, lets the team down, and reflects a lack of commitment to our goals. If you are not going to be at practice you must contact YOUR Coach.
- Players who miss training may not be considered for selection on match days.
- Training time is short – so adopting our philosophy is essential.
- Should a player be injured, contact the coach - player's welfare is paramount.

TRAINING EXPECTATIONS

- Training is on Saturday mornings.
- Be prompt: prompt means that being early is being on time.
- Purpose of training is to learn: which will eliminate mistakes on the field.
- Be prepared: with right kit and equipment – shin pads, water bottle, boots.
- Discipline: you are responsible for concentrating on the training the entire time that you are there.
- Focus will be provided on less experienced players to improve their skills and increase their opportunity on match days.

SQUAD REGISTRATION

- Under FA rules the maximum squad size that can be registered, and are therefore eligible for competitive matches, is twice the number of players for the relevant format of the game (eg. 14 for 7 a-side age groups, 18 for 9 a-side age groups and 22 for 11 a-side groups).
- In the event of having more players wishing to register than the rules allow, players will be registered based on timely submission of relevant forms, length of time playing for the club and attendance record.
- Players who are not registered will be invited to attend training and to wait for an opportunity to register should a position become available.

TEAM SELECTION and PLAYING TIME

- Coaches will select a team from within the available squad for each game.
 - Typically this would be 10 for a 7 vs 7 game or 14 for a 9 vs 9 game.
- Team Selection will aim to rotate players in a fair way over the season.
- Team selection will be affected by:
 - Attendance (see attendance policy).
 - Conduct (see code of conduct for players and parents/carers).
 - Fitness / injuries (player welfare is a primary concern).
 - Balancing the mix of skills and abilities appropriately for the game at hand.



- Every registered player who commits to play and is selected will play.
- Playing time may not be equal for all players.
- Playing time on match days will be at the discretion of the coaches based on the need to:
 - Field a balanced side that is appropriate for the game at hand.
 - Be in line with the Club's ethos and code of conduct for Coaches.